

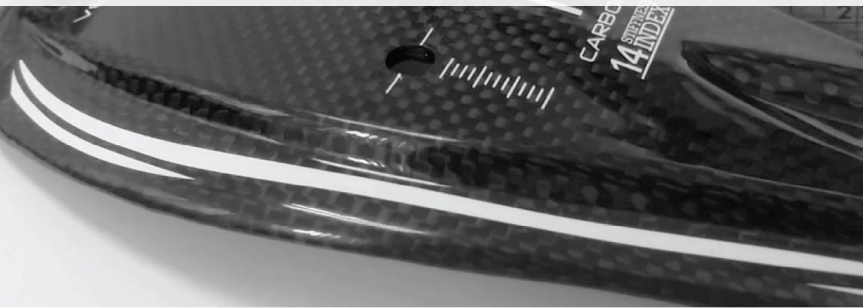
FUR



FLR Shoes Ltd. is a leading shoes company, specializing in development and technology. Our various expertise in running, football, rowing and other sports footwear gives us the knowledge and know-how to create a variety of the most high-tech shoes with the best prices.

Our design team engineers our own outsoles, buckles, insoles, lasts, molds and cutting dies to create cycling shoes of premium performance, quality and comfort for all day long riding or racing in the peloton.

We work in close cooperation with World Tour and Pro Riders whose input contributes to the development, materials and design of our entire shoes collection.





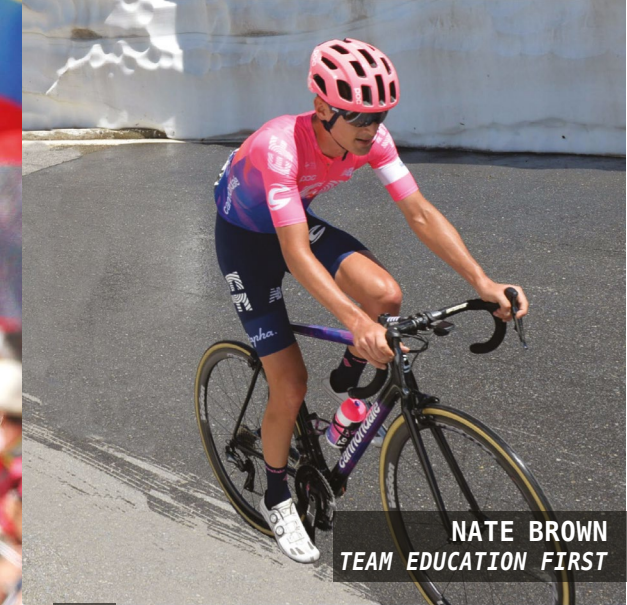
USA NATIONAL
ROAD CHAMPION
**ALEX
HOWES**
2019



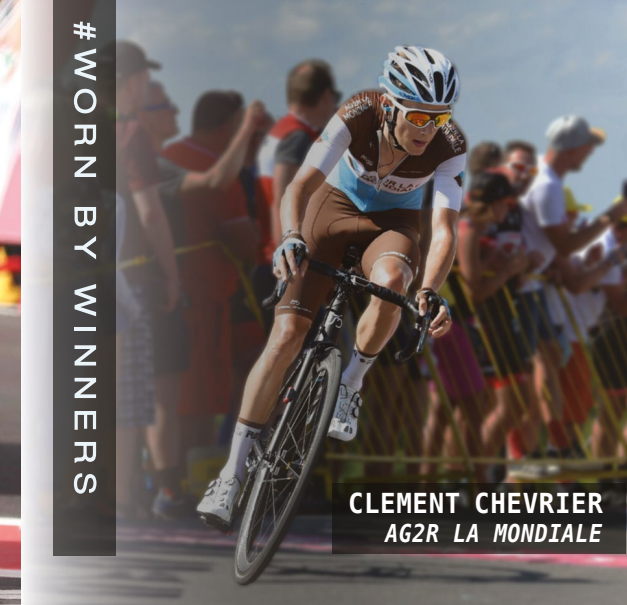
BEN KING

2X LA VUELTA ESPAÑA
STAGE WINNER
TEAM DIMENSION DATA

LA VUELTA



NATE BROWN
TEAM EDUCATION FIRST



CLEMENT CHEVRIER
AG2R LA MONDIALE

#WORN BY WINNERS



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ROAD ATHLETES

Groupama FDJ



Daniel Hoelgaard
Mickaël Delage

AG2R LA Mondiale



Clément Chevrier

EF Pro Cycling



Nathan Brown
Alex Howes - USA Champion

Rad Net Rose Team



Leon Rohde

Bahrain - McLaren



Marco Haller

CCC Team



Georg Zimmermann

NTT Pro Cycling



Nic Dlamini
Ben King - Two Stage Winner

Cofidis



Fernando Barceló



ROAD OUTSOLES



R500 Road Carbon Outsole Elite Level

The R500 Road Carbon outsole is specifically engineered for the competitive, performance driven Elite cyclist, who demands the ultimate synthesis of fit and functional performance.

Featuring a stiffer and lighter full carbon sole to ensure a more powerful and efficient pedal stroke, each shoe is ultra-light and sports a large front port for additional ventilation.

The R500 outsole is equipped with non-slip treads for safe walking and features a standard three hole drilling pattern with a printed lateral cleat alignment scale.

Stiffness Index 14



R350 Road Carbon Outsole Pro Level

The R350 is designed to satisfy the enthusiastic cyclist and aid in maximizing performance output.

Featuring a 100% carbon plate insert to deliver a stiff, powerful and efficient pedal stroke. A front port improves ventilation. The outsole is equipped with two non-slip treads for safe walking.

The 12mm 3-hole drilling pattern is compatible with all pedal systems and includes 5mm cleat adaptability and a Look Memory Eyelet® for easy cleat replacement and alignment.

Stiffness Index 11



R250 Road Outsole Entry Level

The R250 delivers uncompromising durability, performance and comfort, suitable for the enthusiastic cyclist.

The newly designed nylon outsole offers a perfect combination of stiffness, weight and comfort. A front port improves ventilation. The outsole is equipped with two non-slip treads for safe walking.

The 12mm 3-hole drilling pattern is compatible with all pedal systems and includes 5mm cleat adaptability and a Look Memory Eyelet® for easy cleat replacement.

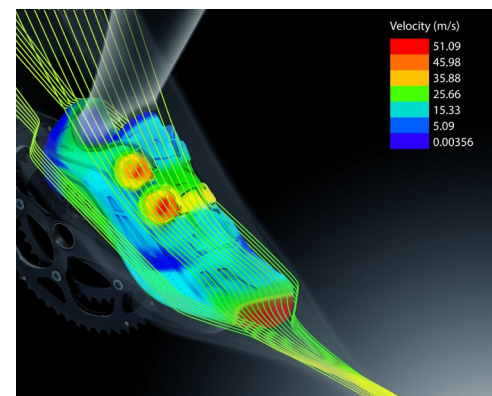
Stiffness Index 7



R500 Carbon Outsole



Ventilation is maximized with the addition of mesh inlays across the toe box and side panels, to create an even airflow around the shoe.



The F-XX II is newly redesigned with an elongated shape, sculpted to generate superior aerodynamic, speed and power efficiency.

The winner of the Cycling Plus magazine shoe award just got better. Lighter, stronger, faster and designed with one objective: to deliver a superior racing shoe with premium performance, stiff power transfer and superior comfort, ridden by the best Pro Tour riders. We have designed a more aerodynamic, anatomically correct and mechanistically advanced cycling shoe.

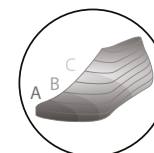
The updated F-XX II sports a sleeker profile, features the elite R500 stiff carbon fiber outsole for maximum power transfer and a sculpted footbed with a supportive heel that aids to increase blood flow, reduce hot spots and ensure that every power watt goes directly into your pedal for maximum performance output.

The seamless upper is formed from a single piece of lightweight microfiber, with 6 air mesh inserts across the toe box and side panels to create an even airflow around the shoe and provide excellent ventilation for the entire foot. Two independent Atop dials optimize closure in each of the critical foot zones.

The upper dial secures the arch and forefoot, while the lower dial locks the ankle & heel, ensuring a snug fit and zero heel movement.



Performance footbed



Pro tour last
3-bolt systems



Cleat: Compatible
with all

F-XX II

Road Cycling Shoe

Raised silicone dots help
to secure the heel in place



Two reel knob dials for easy,
fast and secure closing

Breathable tongue
with perforated holes

Mesh inserts
for ventilation

R500 Carbon outsole





We've taken our lightest, World-Tour winning shoe and made it even better. We remastered our superior racing shoe with premium performance, stiff power transfer, exceptional comfort and made it the most breathable shoe yet. If your feet get sweaty as you ride, but you don't want to compromise power – the F-XX XD-Knit is for you. Our pro-tour riders all say the same thing “it is the most breathable shoe they've raced with”.

The F-XX Knit sports a similar profile to the F-XX II and features the elite R500 carbon fiber outsole for maximum power transfer. The footbed is sculpted with a supportive cushion that helps to increase blood flow, reduce hot spots on your foot and ensure that your power is going directly into the pedal for maximum performance.

The new upper uses a triple layer of extra strong nylon yarn of our development XD-Knit that is super breathable and will keep any riders foot cool on those hot, long rides. The new XD-Knit is durable, will keep riders feet in place and won't stretch. This seamless upper has a sleek look that is complete with single new dial to optimize closure on a critical foot zone.

F-XX KNIT

Elite Road Cycling Shoe

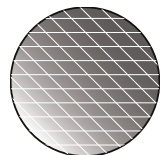




Performance footbed



Performance Last



Upper: Premium Breathable microfiber with strong ventilated nylon mesh



Cleat: Compatible with C-20, C-30 cleat series and all 3-bolt systems



R350 with 100% carbon plate, additional 5 mm of cleat adjustability and Look Memory Eyelet®

Utilizing the technological advantages of the Elite F-XX II the Pro F-22 II shoe features a similar design and composition.

After years of R&D testing, we have finalized our F-22 II shoe, which has the stiffness to compete with race models, but with the price to compete with entry level shoes.

The F-22 II features the R350 outsole with a 100% carbon plate on the cleat area, where power transfer is most important. This unique combination of a rigid carbon plate allows the rider to achieve a powerful and efficient pedal stroke, while the surrounding nylon composite allows for greater flexibility and agile comfort while riding.

The F-22 II uses the A-A17 reel knob lacing system for easy closure and release. The seamless upper is constructed from a single piece of premium microfiber with nylon mesh ports and an air mesh tongue for superior ventilation.



F-22 II

Road Cycling Shoe

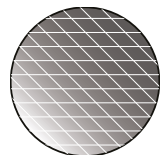




Performance footbed



Pro tour last



Upper: Premium breathable microfiber with strong ventilated nylon mesh



Cleat: Compatible with C-20, C-30 cleat series and all 3-bolt systems



R350 with 100% carbon plate, additional 5 mm of cleat adjustability and Look Memory Eyelet®

Elegant, aerodynamic and comfortable, the pro-inspired F-11 shoes feature the perfect blend of performance, stiffness and support on the road.

The F-11 uses a seamless upper design with our new pro-last, comprised from a single piece of premium microfiber to conform to shape of your foot like a glove. The lacing system uses a single dial & velcro strap for a secure fit at each point of your foot. A combination of nylon mesh ports, perforated holes and a breathable tongue deliver excellent ventilation.

The F-11 is equipped with the R250 outsole to boost performance and pedal power transfer without compromising on weight or comfort.

Performance-driven with a pro-design, the F-11 will satisfy any rider looking for their next favorite pair of shoes.



Reel knob dial and velcro strap for a quick secure closure



F-11

Road Cycling Shoe

Breathable tongue with perforated holes

Mesh inserts for ventilation

R250 outsole

F-11 KNIT

Professional Cycling Shoe



If you're looking for a breathable, sleek road cycling shoe that has the perfect blend of performance, stiffness and support - look no further than the F-11 XD-Knit .

The F-11 XD-Knit Knit uses the same seamless upper design as the F-XX Knit to keep your foot in place, while also letting it breathe. The triple layer of extra strong nylon yarn is comfortable, breathable but also won't make you lose any power on your ride.

This shoe is equipped with one dial to secure your foot snugly in the shoe and has our R250 nylon outsole to boost performance and pedal power transfer without compromising on weight or comfort.

With performance and comfort in mind, the F-11 will satisfy any rider looking for their next pair of road shoes.



XD
KNIT

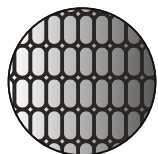




Footbed: Molded EVA,
breathable & removable



Performance Last



Upper: Breathable,
high-quality synthetic
upper with mesh win-
dows for ventilation



Cleat: Compatible with
C-20, C-30 cleat series
and all 3-bolt systems



R250 with additional 5 mm of cleat
adjustability and Look Memory Eyelet®

Lighter, stiffer, more comfortable;
The newly redesigned F-15 III is here!

The shoe is designed with a three point closure system: a ratchet buckle to ensure a precise fit & secure closure and two offset velcro straps. The mid-foot strap conforms to your foot's shape for a 'second skin' feel and the additional strap aids in distributing pressure without pinching. The buckle and strap can be replaced.

Featuring the R250 outsole designed with a full-length arch support that won't pack out over time; a well padded tongue that evenly distributes pressure; 2 layer composite footbed that absorbs road shock and nylon mesh ports for ventilation that all come together to make the F-15 III a supremely comfortable performance road shoe.



F-15 III

Road Cycling Shoe

Breathable lining

Buckle and 2 velcro straps
for precise adjustment

Breathable
perforated tongue

Grip strips for
an easy opening

R250 outsole

Mesh inserts
for ventilation

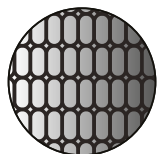




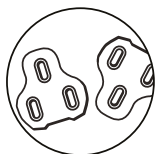
Footbed: Molded EVA, breathable & removable



Performance Last



Upper: Breathable, high-quality synthetic upper with mesh windows for ventilation



Cleat: Compatible with C-20, C-30 cleat series and all 3-bolt systems



R250 with additional 5 mm of cleat adjustability and Look Memory Eyelet®

Setting a higher standard for entry level footwear, our newly redesigned F-35 III sports a minimalist design and a classic & clean look, with a stretch resistant upper that hugs your foot like a second skin.

The F-35 III upper rests on the lightweight R250 outsole, providing a perfect synthesis of stiffness with compliance and is secured with three low-profile straps. The main velcro strap is angled to provide effective heel support; the middle velcro strap allows for customized volume adjustment and the smallest strap near the toes secures the forefoot.

Mesh inserts help keep feet dry and fresh.

The F-35 III: a great entry level shoe that delivers high performance for the passionate rider.



F-35 III

Road Cycling Shoe

Breathable lining

Buckle and 2 velcro straps for precise adjustment

Breathable perforated tongue

Grip strips for an easy opening

Mesh inserts for ventilation

R250 outsole





The F-35 XD-Knit sets a higher standard for entry level riders. We redesigned our F-35 knit to look sleeker, provide maximum comfort to any rider and create a tighter fit to conform perfectly to your foot.

The new F-35 Knit was designed with a seamless upper with TPU protection to keep your feet secured and comfortable in the shoe. We added a reinforced leather heel support instead of mesh and added some extra ventilation holes into the mesh to keep your feet extra cool. The triple layer of nylon makes sure to keep your foot from moving and the upper from stretching for a secure fit.

Instead of the dial, you have the option of three Velcro straps for an easy in and out of your cycling shoes or you can choose to have laces. Both systems leave your feet secured in the shoe.

The F-35 Knit upper rests on the R250 nylon outsole - lightweight and provides a perfect combination of stiffness and compliance.



F-35 KNIT

Entry Level Cycling Shoe





Upper: Barefoot friendly and extremely ventilated Tri-specific with open tongue



Performance Last



Footbed: Molded EVA, breathable and removable



Cleat: Compatible with C-20, C-30 cleat series and all 3-bolt systems



R250 with additional 5 mm of cleat adjustability and Look Memory Eyelet®



The ultimate synthesis of aesthetics, reliability and performance makes the F-121 the shoe of choice for the aspiring triathlete who demands excellence.

The F-121 sports a barefoot-friendly design and is crafted from a mix of lightweight open air mesh for ultimate ventilation. An open tongue, wide opening and large heel loop lets you effortlessly transition between sports. The lightweight stretch-free synthetic upper conforms to your feet.

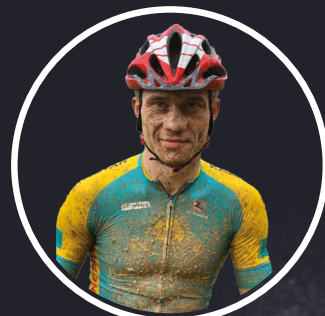
The F-121 can be customized with the R350 carbon outsole, suitable for the elite triathlete or the R250 fiberglass injected outsole, suitable for the value oriented rider or entry level cyclist.



F-121 Triathlon Shoe



MTB ATHLETES



Kirill Kazantsev
Asia MTB Championship



Ben Deakin
British Downhill Racer
75K followers on Insta
Active YouTube channel



Flückiger Lukas
Swiss MTB Rider



Sergio Mantecón
Spanish MTB Rider



Aurélien Fontenoy
3 X Vice World champion MTB Trails

MTB OUTSOLES



M550 MTB Carbon Outsole Elite Level

The M550 is a full carbon outsole specifically engineered for the elite cyclist who demands excellent performance and guaranteed comfort. The sole provides exceptional stiffness and power transfer through the entire body of the shoe.

The M550 features innovative walking treads, constructed of a highly durable compound for incredible grip in unrideable trail sections. Each individual tread is easily replaceable.

The M550 outsole features a standard 2-hole cleat drilling pattern with a printed lateral cleat alignment scale.

Stiffness Index 14



M350 MTB Carbon Outsole Pro Level

The M350 is designed to satisfy the pro level cyclist and aid in maximizing performance output, whether racing or training.

The M350 outsole features a 100% carbon plate insert that delivers a stiff, powerful and efficient pedal stroke.

Aggressive, dual density lugs provide excellent traction and grip in all weather conditions.

Stiffness Index 11



M250 MTB Outsole

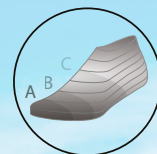
The M250 delivers uncompromising durability, performance and comfort, suitable for the enthusiastic cyclist. The outsole is designed to have the perfect balance of stiffness, weight and comfort, providing you with excellent power transfer without compromising blood circulation.

The M250 outsole is made of a reinforced nylon sole that delivers a more aggressive pedal stroke and has widely spaced lugs and TPU walking pads with removable toe spikes to maximize stability in all weather conditions.

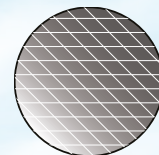
Stiffness Index 7



Performance footbed



Pro tour last



Upper: Premium breathable microfiber with ventilated air mesh



Cleat: Compatible with C-10 cleat series and all 2-bolt systems



M550 full carbon outsole with replaceable walking treads

The F-95X II is the leading model of our new MTB shoe collection. Designed as the Elite rugged trail race shoe, it is our best fitting and most comfortable performance MTB shoe.

The F-95X II features the M550 full carbon outsole that offers maximum power transfer with replaceable walking treads and removable toe spikes. An ergonomic footbed ensures optimum blood circulation, improves alignment and reduces hot spots. The seamless upper is formed from a single piece of reinforced premium microfiber with nylon mesh inserts for extra ventilation and increased durability.

Our most recent upgraded feature is the new A-A17 Atop dial that allows you to regulate a more precise fit with just a single dial. The two independent dials optimize closure in each zone; one ensures the ankle & heel are secured in place, while the second secures the arch & forefoot.

The F-95X II features a highly adjustable fit that delivers stability, dependability and durability for a consistently excellent performance ride after ride.

F-95X II

MTB Cycling Shoe

Raised silicone dots help to secure the heel in place



Two reel knob dials for easy, fast and secure closing

Breathable tongue with perforated holes

M550 carbon outsole

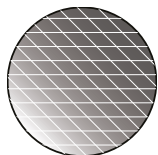
Reinforced toe box



Performance footbed



Performance Last



Upper: Premium Breathable microfiber with strong ventilated nylon mesh



Cleat: Compatible with C-10 cleat series and all 2-bolt systems



M350 outsole with 100% carbon plate

The F-75 II features advanced technology, stiff power transfer and continuous comfortability, to deliver the ultimate combination of the many desired advanced features in a pro performance MTB shoe.

Utilizing the M350 carbon plate outsole, the F75 II delivers a stiff, powerful and efficient pedal stroke for excellent power transfer directly to your pedals. The shoe is constructed from a seamless microfiber upper with nylon mesh inserts for optimal ventilation and sports the easy to use reel knob lacing system to provide a secure & precise fit. Additional features include widely spaced TPU walking pads for a more secure grip and removable toe spikes for added winter weather or cyclo-cross traction.



F-75 II

MTB Cycling Shoe

Breathable lining

Reel knob dial for easy and secure closure

Breathable hexagonal air mesh tongue

Mesh inserts for ventilation

Reinforced toe box

M350 outsole with 100% carbon plate

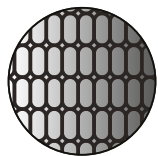




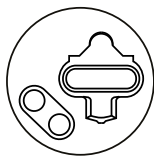
Footbed: Molded EVA, breathable and removable



Performance Last



Upper: Premium Breathable microfiber with strong ventilated nylon mesh



Cleat: Compatible with C-10 cleat series and all 2-bolt systems



M250 MTB Outsole

Durable and stiff, the F-70 boosts your trail performance. The seamless shoe upper is made from a single piece of premium microfiber and shaped with our new-pro last to conform to the contours of your foot. Added layers of protection to the toe box and heel area protect against rugged terrain & debris. The lacing system uses a single dial & velcro strap for a secure & precise fit at every point across your foot. A combination of nylon mesh ports, perforated holes and a breathable tongue deliver excellent ventilation.

Built with the M-250 outsole, the F-70 delivers stiff pedal power transfer, uncompromising durability and full length arch support with a sole that is comfortable and won't pack out over time. Dual density lugs and removable toe spikes offer year-round traction & grip in any type of terrain.



M250 MTB outsole

F-70

MTB Cycling Shoe



Reel knob dial for easy and secure closure

Breathable tongue with perforated holes

Mesh inserts for ventilation

Reinforced toe box

F-70 KNIT

Professional Cycling Shoe



This new MTB shoe is great for any mountain bike rider looking for a stiff, yet breathable option. This knit shoe is great for the trails because of its quick-drying capabilities.

The seamless upper has a triple layer of extra strong nylon yarn of XD-Knit and is complete with an Atop dial to keep your foot secured on the bike while also giving you superior ventilation for long rides on the trail. We added the same extra layers of protection to the toe box and heel area to keep your foot protected against rugged terrain and debris.

The F-70 Knit is built with the M250 nylon outsole and delivers stiff pedal power transfer, uncompromising durability and full length arch support with a sole that is comfortable and won't wear out over time. Comprised with dual density lugs and removable toe spikes to offer year-round traction & grip in any type of terrain.



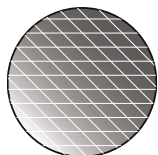
XD
KNIT



Footbed: Molded EVA, breathable and removable



Performance Last



Upper: Breathable, high-quality synthetic upper with mesh windows for ventilation



Cleat: Compatible with C-10 cleat series and all 2-bolt systems



M250 MTB Outsole

BUILT TO LAST!

The upgraded F-65 III features a durable, breathable and comfortable synthetic upper with a reinforced toe box to protect against rocks and other trail debris. Two offset velcro straps and a single ratchet buckle ensure a secure & precise fit.

Featuring the M250 outsole for excellent power transfer, the F-65 III boasts dual density sole lugs that increase your terrain grip, without compromising durability and removable toe spikes for added winter weather or cyclocross traction. Outstanding full length arch support ensures the sole won't pack out over time and a well padded tongue helps to evenly distribute foot pressure and absorb trail vibrations.



F-65 MTB Cycling Shoe

Breathable lining

Buckle and 2 Velcro straps for precise adjustment

Breathable perforated tongue

Grip strips for an easy opening

M250 MTB outsole

Mesh inserts for ventilation

Reinforced toe box

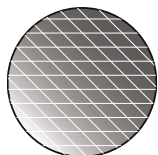




Footbed: Molded EVA, breathable and removable



Performance Last



Upper: Breathable, high-quality synthetic upper with mesh windows for ventilation



Cleat: Compatible with C-10 cleat series and all 2-bolt systems



M250 MTB Outsole

Classic and affordable with high performance, the F-55 III is the premier all around shoe of choice.

Constructed from a high quality synthetic upper with six mesh insert panels to keep your feet ventilated and cool. The shoe features three low-profile Velcro straps to ensure a precise and secure fit, and is easily adjustable while riding. The perforated, ergonomic tongue is breathable and quickly wicks moisture away from the foot.

Featuring the updated M250 MTB outsole, constructed from nylon for excellent power transfer, the F-55 III boasts dual density sole lugs that increase your terrain grip, as well as removable toe spikes for added winter weather or cyclocross traction. Outstanding full length arch support ensures the sole won't pack out over time and a well padded tongue helps to evenly distribute foot pressure and absorb trail vibrations.



F-55 MTB Cycling Shoe

Breathable lining

3 low profile straps for easy adjustment and fit

Breathable perforated tongue

Grip strips for easy opening

Mesh inserts for ventilation

Reinforced toe box

M250 MTB outsole



We remastered your favourite entry-level MTB shoe to be even better. This classic, yet affordable high-performance shoe is sleeker, more breathable and lighter than ever before.

Constructed with a high-quality triple layer of extra strong nylon yarn of XD-Knit to keep your feet secured without ever getting too hot. This super breathable shoe has a seamless upper constructed with TPU protection and features reinforced toe support. The shoe features three Velcro straps to ensure a precise and secure fit that is easily adjustable while riding. We upgraded the mesh heel lining and replaced it with leather to keep your heel safely secured in your shoes and gives the remastered entry level shoe a more sophisticated look.

The F-55 Knit features the M250 MTB outsole, constructed from nylon for superior power transfer. This shoe has dual density sole lugs that increase your terrain grip, as well as removable toe spikes for cyclocross traction. The full length arch support ensures your sole won't pack out over time.

F-55 KNIIT

Entry Level Cycling Shoe





Fleece shoe liner sensation of insulation and warm

Rubberized shell
3M Thinsulate
200G insulation | Isolant

DryS-Tex Water Resistant Membrane
Strong Coated Waterproof Upper -
Cordura®/Man Made Leather

We remastered your favourite entry-level MTB shoe to be even better. Eliminate the cold and keep your feet warm and dry in the Defender; specifically designed to provide a high level of moisture regulation, wind protection and comfort, to keep you riding through any extreme weather. The Defender will protect your feet from cold and wet conditions, thanks to our seam sealed DryS-Tex™ water resistant membrane and strong coated Cordura® upper. A neoprene ankle cover keeps the mud and water out. The interior is lined with warm fleece and EcoStar insulation for warmth and heat retention. The M250 outsole is equipped with anti-slip lugs and optional toe spikes, to provide reliable traction, walking stability and a powerful pedal stroke. The simple lace up system and a large Velcro closure make it easy to use with or without gloves. Reflective detailing helps keep you visible in lower lighted conditions.

Each shoe in our production is required to meet the highest quality and performance standards. Each DryS-Tex membrane is individually tested twice in our simulated testing facilities for water resistance before constructing the rest of the shoe.

Whether you are riding to work on a cold morning or hitting the snowy trails, the Defender will be ready to tackle any extreme weather that may come your way.

DEFENDERS

Winter Cycling Shoe



TOURING & CITY OUTSOLE



Vibram MTBike Outsole

Made of the Vibram Trek compound for excellent grip in all terrain. The highly functional sole is equipped with quality and design:

- Reinforced lateral cleats for greater traction and stability
 - Removable attachment area for improved performance
 - Tapered shape ideal for mountain biking
 - Flexion lines that facilitate walking
 - Rubber tip that ensures protection and grip
- With the Vibram MTBike all mountain biking enthusiasts will enjoy long journeys in maximum comfort on climb steep slopes with the bike on their shoulder or safely walk without risk of slipping.

Stiffness Index 6



AT200 All Terrain Outsole

The new AT200 Outsole is designed to deliver efficient pedal stroke and stability for off road riding and adventure.

The AT200 Outsole is constructed of a reinforced nylon plate that delivers strong pedal power transfer and improves performance. A supportive EVA mid-sole absorbs shock and enhances stability and comfort for all day riding. Full rubber tread, made from our STKgrip™ compound, provides excellent grip, traction and stability and is ideal for rough and wet terrain.

Stiffness Index 6



Active City Outsole

The Active Outsole offers the perfect balance of pedal power transfer, weight and stability for our shoes designed especially for indoor and city comfort.

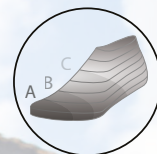
The reinforced nylon inner plate is designed to enhance pedaling efficiency. A full EVA midsole reduces weight and provides reliable cushion and comfort for any recreational activity. Rubber treads add traction and grip needed when transitioning off the bike.

Stiffness Index 5

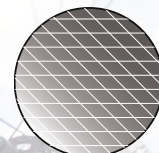




Footbed: Molded EVA, breathable and removable



Performance Last



Upper: Breathable, high-quality synthetic upper with mesh windows for ventilation



Cleat: Compatible with C-10 cleat series and all 2-bolt systems



Vibram MTBike Outsole

HIKE AND BIKE with our Bushmaster and Bushmaster Pro trail shoes.

Fitted with the Vibram MTBike outsole, both the Bushmaster and Bushmaster Pro are specifically designed for hiking and biking. Their rubber sole guarantees maximum slip protection, traction and grip.

Equipped with reinforced side cleats that guarantee stability on rocky terrain; the natural softness of the rubber ensures a comfortable fit and maximum shock absorption.

The shoe upper is a durable, supportive, lightweight and water resistant man made leather, with a reinforced full-grain leather toe. Wide nylon mesh panels generate added ventilation.

For precise fit adjustment, we offer the Bushmaster featuring 3 Velcro strap closures and the Bushmaster Pro which features two Velcro straps and a ratchet buckle. Both shoes feature a reflective safety element on the rear of the shoe.

BUSHMASTER REG & PRO

Touring Cycling Shoes

Buckle with 3 velcro straps



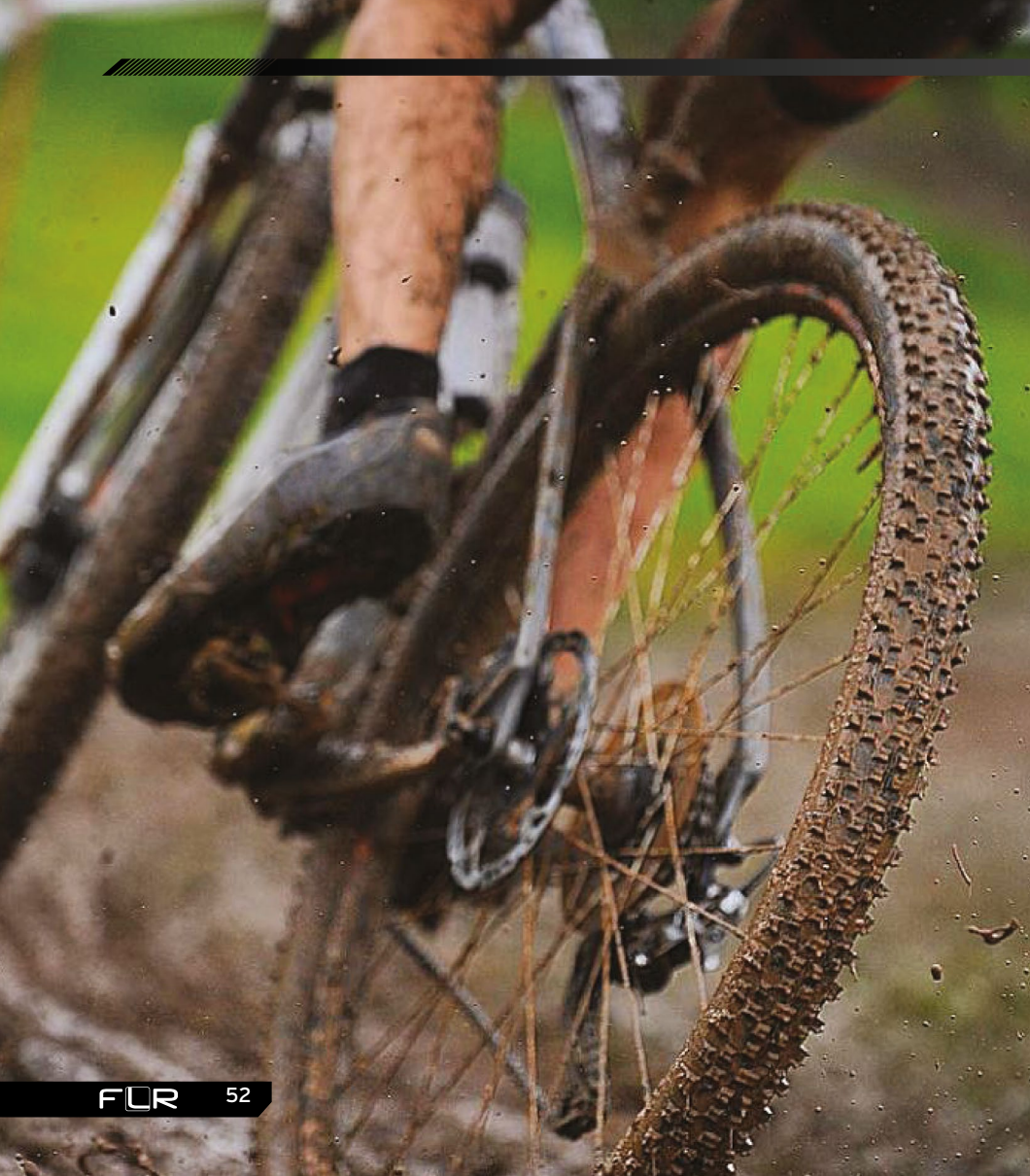
**BUSHMASTER
PRO**

Full-grain leather toe protection



3 Velcro straps

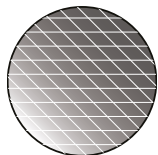
BUSHMASTER



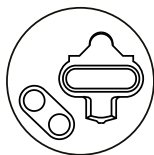
Footbed: Molded EVA, breathable and removable



Performance Last



Upper: Breathable, high-quality synthetic upper with mesh windows for ventilation



Cleat: Compatible with C-10 cleat series and all 2-bolt systems



AT200 Outsole

The Rexston is ready for your next rugged adventure. Versatile and built for any terrain, the Rexston offers outstanding on and off-road performance with the affordability of an entry level shoe. This shoe features a high-quality synthetic upper, mesh windows for breathability & ventilation and extra protection from a reinforced toe box. A classic lace-up closure and single Velcro strap offers a secure and adjustable fit.

The new AT200 outsole was created especially for the Rexston to deliver exceptional performance pedaling on the bike and comfort off the saddle. A reinforced nylon plate delivers a strong pedal power transfer with a supportive EVA midsole. The full STKgrip™ rubber tread provides excellent grip, traction and stability for rocky or wet terrain. For the ultimate cleat protection, a circular barrier guards and protects the cleat area for long term use and wear.

The Rexston is ready to keep you connected with the outdoors on your next pedal powered adventure.



REXTON

Touring Cycling Shoe

Breathable lining

Velcro strap to secure laces and adjust fit

Breathable mesh tongue

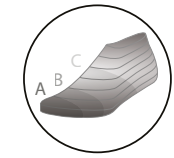
AT200 outsole

Reinforced toe box

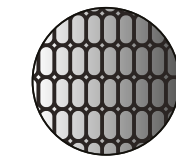




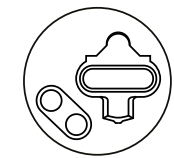
Footbed: Molded EVA, breathable and removable



Performance Last



Upper: Breathable, high-quality synthetic upper with mesh windows for ventilation



Cleat: Compatible with C-10 cleat series and all 2-bolt systems



Active Outsole

No need to bring an extra pair of shoes with you to the gym or for a quick errand. The Energy offers you the best of both worlds, so you can transition with ease between activities without any hassle. It delivers great peddling performance during your ride and walking comfort for when you find yourself off the saddle.

Breathable synthetic leather and mesh uppers improve ventilation and control moisture. The classic lacing closure provides a secure adjustable fit and keeps your feet aligned through every pedal rotation. A lace keeper prevents drivetrain interference.

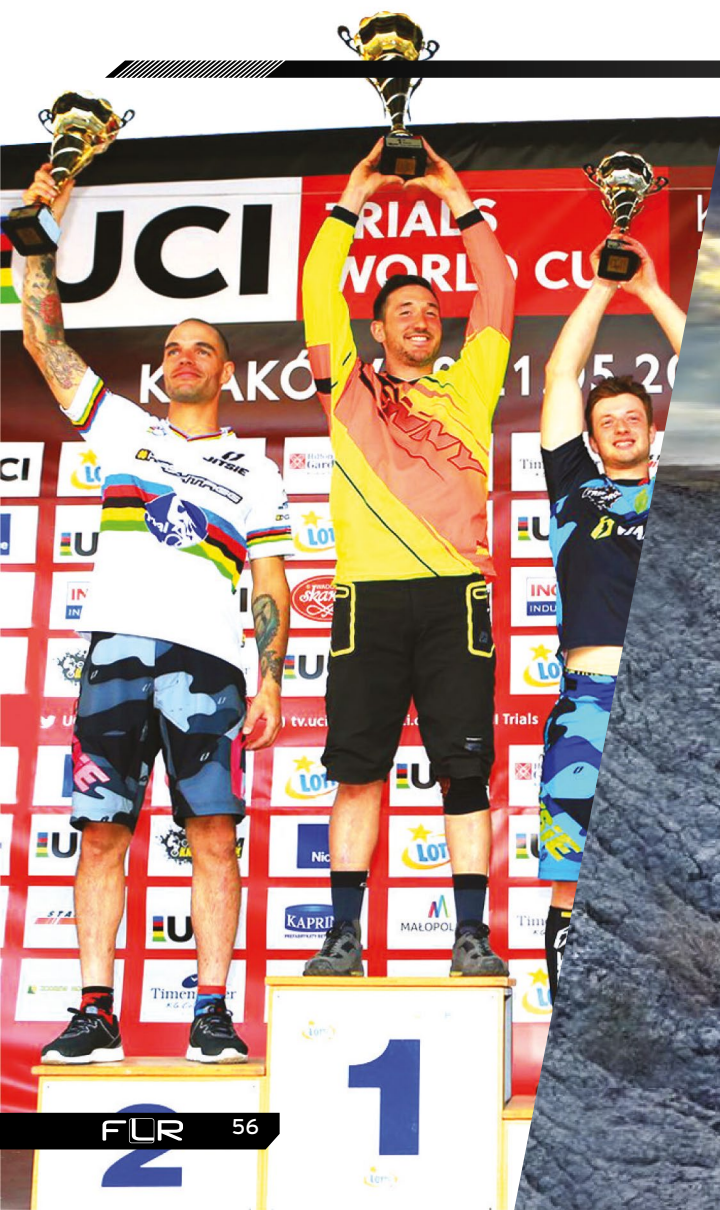
The Active outsole offers the perfect balance of weight and stability. The reinforced nylon inner plate enhances peddling efficiency, while the EVA midsole and rubber tread increase walking comfort off the saddle. Thanks to the hidden cleat design, there is no noise or contact when you walk, allowing you to wear your cleats all day!



ENERGY

City Cycling Shoe





The All New Flat Shoe Collection

Designed alongside current 3 times vice World champion of MTB Trials, Aurélien Fontenoy, our new line of flat pedal shoes and the AFS Outsole were engineered to deliver superior performance, durability and outstanding grip for our extreme riders into enduro, all-mountain, downhill and dirt jumping.

Using the latest in shoe technology, we built versatile flat pedal shoes for any type of rider or need.



FLAT SHOE COLLECTION

AFS Flat Outsole

The AFS Outsole delivers ultimate riding control and grip for a flat pedal shoe.

We used the latest technology to specially develop the STKgrip™ rubber compound. The sticky rubber surface maximizes pedal contact and pedal power transfer. It is built to be durable against rugged terrain and absorb trail vibrations.

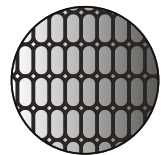
Its special sole design and tread pattern specifically enhances control and securely holds your foot on the pedal, yet allows for release during quick manoeuvres.



Footbed: Molded EVA, breathable and removable



Touring Last



Upper: Premium man-made leather



AFS outsole with STKgrip™

Push yourself to the limit. The AFX-Pro delivers trail-worthy grip & protection, with a design ready to challenge the aggressive rider within you. We developed this design to shield incoming impact from any terrain.

We took the classic flat shoe style design and added layers of protection on the shoe outside, toe box and heel for maximum impact resistance. We couldn't stop there. We raised the ankle cuff for additional protection from drivetrain interference. All together, the AFX-Pro delivers a more confident and safe riding experience in rugged technical terrain.

The AFS outsole uses our STKgrip™ rubber compound to get even stickier. Its special sole design and tread pattern securely hold your foot on the pedal, but still allow release for the ultimate control during quick manoeuvres.



AFX PRO

Flat Cycling Shoe

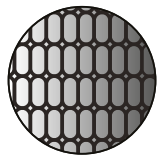




Footbed: Molded EVA, breathable and removable



Touring Last



Upper: Premium man-made leather



AFS outsole with STKgrip™

The AFX (Aurélien Fontenoy-X) delivers excellent performance, grip and comfort for long rides out on the trail or for grabbing a beer with friends. Its casual look and laid back design will catch anyone's eye, and even better - it's more durable than a regular sneakers.

Featuring a low profile design with a quick drying synthetic upper and perforated holes, the AFX improves breathability and cooling for when you ride on warmer days.

The AFS outsole offers the rider control and grip for a great flat pedal riding experience with specially engineered STKgrip™ rubber. The sole design and tread pattern were designed for true durability against rugged terrain.



AFX

Flat Cycling Shoe

Breathable lining

Breathable perforated tongue

AFS outsole with STKgrip™

Perforated holes for ventilation



FEMALE ATHLETES



Karen Olímpio
4x Brazilian Champion Xco
Vice Champion Brazilian Xcm elite



Abby Miller
Eastern Regional MTBXC
Championships, U16



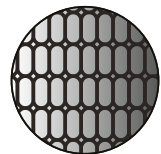
Spanish MTB Rider
Camille Devi
French XCM Champion



Footbed: Molded EVA, breathable and removable



Women's Last



Upper: Breathable, high-quality synthetic upper with mesh windows



Cleat: Compatible with C-20, C-30 cleat series and all 3-bolt systems



R250 with additional 5 mm of cleat adjustability and Look Memory Eyelet®

Lighter, stiffer, more comfortable;
The newly redesigned F-15 III is here!

The shoe is designed with a three point closure system: a ratchet buckle to ensure a precise fit and secure closure and two offset velcro straps. The mid-foot strap conforms to your foot's shape for a 'second skin' feel and the additional strap aids in distributing pressure without pinching. The buckle and strap can be replaced.

Featuring the R250 outsole designed with a full-length arch support that won't pack out over time; a well padded tongue that evenly distributes pressure; 2 layer composite footbed that absorbs road shock and nylon mesh ports for ventilation that all come together to make the F-15 III a supremely comfortable performance road shoe.



F-15 III

Road Cycling Shoe

Breathable lining

Buckle and 2 Velcro straps for precise adjustment

Breathable perforated tongue

Grip strips for an easy opening

Mesh inserts for ventilation

R250 outsole

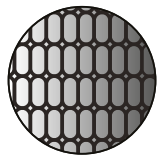




Footbed: Molded EVA, breathable and removable



Women's Last



Upper: Breathable, high-quality synthetic upper with mesh windows



Cleat: Compatible with C-20, C-30 cleat series and all 3-bolt systems



R250 with additional 5 mm of cleat adjustability and Look Memory Eyelet®

Setting a higher standard for entry level footwear, our newly redesigned F-35 III sports a minimalist design and a classic & clean look, with a stretch resistant upper that hugs your foot like a second skin.

The F-35 III upper rests on the lightweight R250 outsole, providing a perfect synthesis of stiffness with compliance and is secured with three low-profile straps.

The main velcro strap is angled to provide effective heel support; the middle velcro strap allows for customized volume adjustment and the smallest strap near the toes secures the forefoot.

Mesh inserts help keep feet dry and fresh. The F-35 III: a great entry level shoe that delivers high performance for the passionate rider.



F-35 III

Road Cycling Shoe

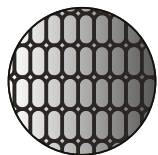




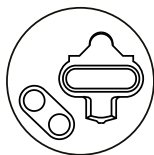
Footbed: Molded EVA, breathable and removable



Women's Last



Upper: Breathable, high-quality synthetic upper with mesh windows



Cleat: Compatible with C-10 cleat series and all 2-bolt systems



M250 MTB Outsole

BUILT TO LAST!

The upgraded F-65 III features a durable, breathable and comfortable synthetic upper with a reinforced toe box to protect against rocks and other trail debris. Two offset velcro straps and a single ratchet buckle ensure a secure & precise fit.

Featuring the M250 outsole for excellent power transfer, the F-65 III boasts dual density sole lugs that increase your terrain grip, without compromising durability and removable toe spikes for added winter weather or cyclocross traction. Outstanding full length arch support ensures the sole won't pack out over time and a well padded tongue helps to evenly distribute foot pressure and absorb trail vibrations.



F-65 III

MTB Cycling Shoe

Breathable lining

Buckle and 2 Velcro straps for precise adjustment

Breathable perforated tongue

Grip strips for an easy opening

M250 MTB outsole

Mesh inserts for ventilation

Reinforced toe box

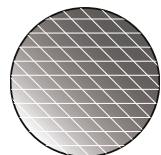




Footbed: Molded EVA, breathable and removable



Performance Last



Upper: Breathable, high-quality synthetic upper with mesh windows for ventilation



Cleat: Compatible with C-10 cleat series and all 2-bolt systems



M250 MTB Outsole

Classic and affordable with high performance, the F-55 III is the premier all around shoe of choice.

Constructed from a high quality synthetic upper with six mesh insert panels to keep your feet ventilated and cool. The shoe features three low-profile Velcro straps to ensure a precise and secure fit, and is easily adjustable while riding. The perforated, ergonomic tongue is breathable and quickly wicks moisture away from the foot.

Featuring the updated M250 MTB outsole, constructed from nylon for excellent power transfer, the F-55 III boasts dual density sole lugs that increase your terrain grip, as well as removable toe spikes for added winter weather or cyclocross traction. Outstanding full length arch support ensures the sole won't pack out over time and a well padded tongue helps to evenly distribute foot pressure and absorb trail vibrations.



F-55 MTB Cycling Shoe

Breathable lining

3 low profile straps for easy adjustment and fit

Breathable perforated tongue

Grip strips for easy opening

Mesh inserts for ventilation

Reinforced toe box

M250 MTB outsole





The infinity is unlike any cycling shoe you have seen before.

This city shoe encompasses everything one needs for a powerful ride with style and comfort.

We have reinvented our active outsole to make it 40 grams lighter without taking any power away from your stride.

The sole is reinforced with a nylon plate insert to deliver a stiff, powerful and efficient pedal stroke. The EVA foam gives you extra comfort and is reinforced on the heel with a nylon strap to keep your feet secure in your shoe and to make sure the sole doesn't bend under pressure.

The full rubber tread gives you extra traction, so you don't have to worry about slipping in any weather condition.

We also made the cleat area larger to make it easier to get in and out of the saddle.

This is the perfect shoe for riding around town or for an intense spin workout.



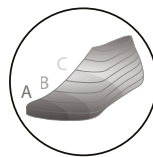
INFINITY

Knit Cycling Shoe

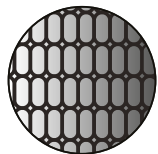




Footbed: Molded EVA, breathable and removable



Performance Last



Upper: Breathable, high-quality synthetic upper with mesh windows for ventilation



Cleat: Compatible with C-10 cleat series and all 2-bolt systems



Active Outsole

No need to bring an extra pair of shoes with you to the gym or for a quick errand. The Energy offers you the best of both worlds, so you can transition with ease between activities without any hassle. It delivers great peddling performance during your ride and walking comfort for when you find yourself off the saddle.

Breathable synthetic leather and mesh uppers improve ventilation and control moisture. The classic lacing closure provides a secure adjustable fit and keeps your feet aligned through every pedal rotation. A lace keeper prevents drivetrain interference.

The Active outsole offers the perfect balance of weight and stability. The reinforced nylon inner plate enhances peddling efficiency, while the EVA midsole and rubber tread increase walking comfort off the saddle. Thanks to the hidden cleat design, there is no noise or contact when you walk, allowing you to wear your cleats all day!



ENERGY

City Cycling Shoe



SHOE COVERS



TC1 - Toe Cover

Our lightweight compact design allows you to easily wear and remove the toe cover as temperature changes.

Durable 4mm neoprene offers excellent cold weather protection. A Kevlar base adds grip and is highly resistant to wear. Strong elastic cleat opening provides a secure fit for long rides. An abrasion resistant side coat provides protection from crank contact and high visibility reflective detailing for low light.



MD2 - Middle duty shoe cover

The MD2 is ideal for cooler temperatures, when a little extra protection is needed on a morning or evening ride. A lightweight fleece lining and windproof layer keep your feet warmer cycling into the headwind. Polyester fabric quickly wicks away water and is resistant to stretching and wear from outdoor use. A full length zipper, large cleat and heel openings make this shoe cover easy to put on and take off.



HD3 - Heavy duty shoe cover

Our specially designed HD3 shoe cover is constructed of thick 4mm neoprene upper and welded seams to deliver maximum protection, warmth and heat retention against wind, cold and rain. An abrasion resistant side coat provides protection from crank contact.

A Kevlar base with heel and cleat cutouts delivers maximum durability and resistance to wear overtime. The waterproof zipper and Velcro provide easy entry to transition in and out of the cover. High visibility reflective detailing surrounds the shoe cover for safety in low lighted conditions.

Our Elite socks are ideal for athletes who demand enhanced performance from their apparel all day, every day. The ingenious blend of core-spun Nylon and Elastane fiber keeps active feet dry, comfortable and cool.

Elite 5.5 inch



Elite 3.5 inch

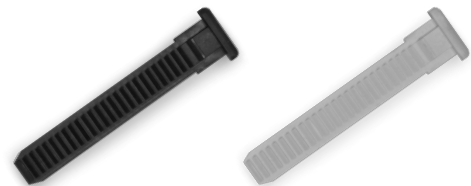


CYCLING SOCK

REPLACEMENT PARTS

Because you ride a lot, to ensure your FLR shoes are always in optimum riding condition, we offer replacement parts for the most used parts of your shoe that may become worn out over time.

Buckle Straps



2 pieces, 9CM

A-A17 Reel Knob



2 pieces, including lace

B-A32 Buckle



2 pieces

C-30



Keo Compatible
9 Degree Of Float - Red

C-31



Keo Compatible
5 Degree Of Float - Grey

C-32



Keo Compatible
0 Degree Of Float - Black

Z-C02 Reel Knob Wrench



1 piece

MTB Spikes Parts



4 studs and 1 wrench

C-10



SPD Compatible

C-20



Keo Compatible
4 Degree Of Float - Red

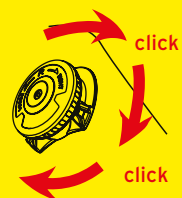
Always make sure to outline where the cleat is on the bottom of your shoe, before removing your current cleats, thus ensuring a proper fit, each time you replace your cleats.

CLEAT SETS

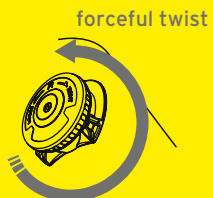
USER MANUAL **A-A17 REEL** **KNOB**

Tightening/Release

Tightening - clockwise rotation

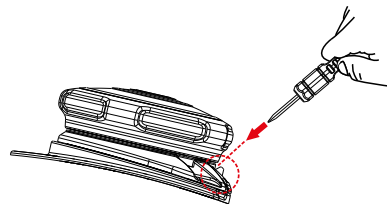


Release-rotate counter clockwise

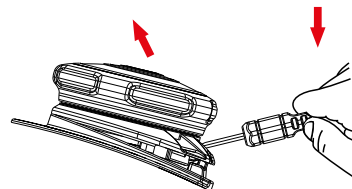


closed

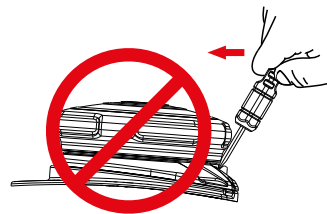
Remove A-A17 knob



1.Insert a flat screwdriver into the slot.

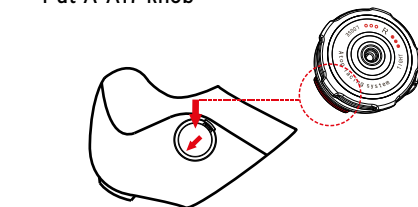


2.Push down the screwdriver to tap the clip out. Then, take off the knob.

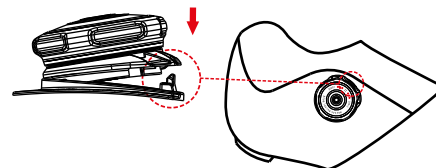


Don't push up the screwdriver.

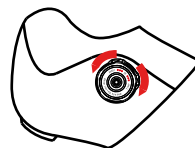
Put A-A17 knob



1.Slip the knob body into the gap of back side stitching base.

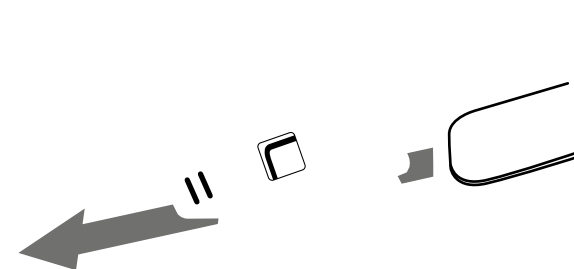


2.Press the knob body to intergate with stitching base and hear a "click" sound.

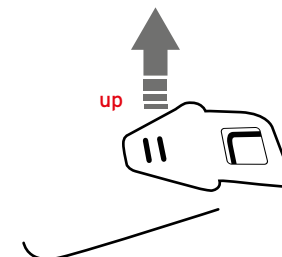


Turn knob to tighten and release the wire lace which run smoothly, then it is assembled well.

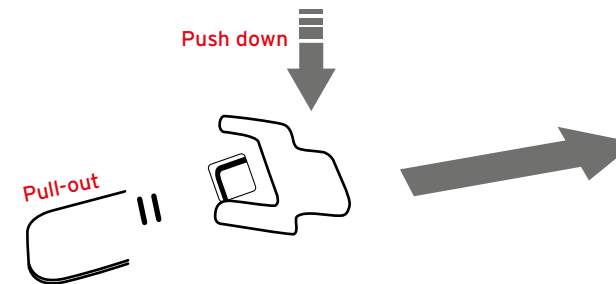
The B-A32 buckle allows you to quickly tighten up the fit, as well as loosen and adjust the fit one handed, while riding.



To tighten the shoe, lift the large central buckle like this.



As you ride your feet may swell a bit. Loosen the buckle by pushing down on the central clip.



To completely open the straps, lift both side buckles at the same time.

USER MANUAL **B-A32 BUCKLE**



FLR cardboard stand with 10 shelves and 2 mirror.



FLR floor display stand inc.12 shelves, 6 hooks and a mirror.

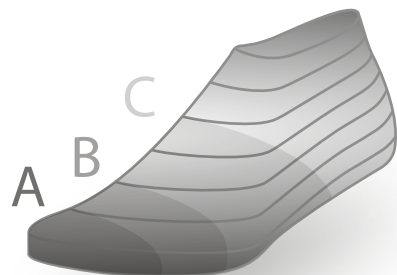


DISPLAYS



FLR slat wall shelf display, made of polished stainless steel.

REPLACEMENT
PARTS



LAST	Description	A	B	C	MODEL
PRO TOUR LAST	The PRO TOUR LAST was designed in close cooperation with top professional riders to deliver maximum performance and comfort. The PRO TOUR LAST has reduced volume and height in the toebox, a higher fitting arch, and an elevated and anatomical heel fit.	-1%	-2%	-2%	FXX / F-95X
PERFORMANCE LAST	A last with a typical forefoot and toe box design that provides a conventional fit through the shank and instep for normal to high arch foot types. The PERFORMANCE LAST gives you the perfect blend between comfort and performance.	0%	0%	0%	F-22 / F-75 / F-65 / F-15 / F-55 / F-35 / F-121 / DEFENDER
TOURING LAST	A last with a wider toe box, wider forefoot and a slightly narrower heel to enhance comfort for all-day rides.	+1%	+4%	+4%	BUSHMASTER / BUSHMASTER PRO / REXTON / ENERGY / AFX / AFX PRO
WOMEN'S LAST	An ideal last for female riders, the WOMEN'S LAST offers an optimal balance of support and comfort.	-4%	-6%	-6%	F-65 / F-15 / F-55 / F-35 / ENERGY

F-22/F-75/F-65/F-15
F-55/F-35/F-121/Defender

EU	US	CM	UK
41	8	26.3	7
42	9	27	8
43	10	27.6	9
44	10.5	28.3	9.5
45	11.5	29	10.5
46	12	29.6	11
47	13	30.3	12
48	14	30.9	13
49	14.5	31.6	13.5

F-XX/F95X

EU	US	CM	UK
40	7.5	25.6	6.5
41	8	26.3	7
42	9	27	8
43	10	27.6	9
44	10.5	28.3	9.5
45	11.5	29	10.5
46	12	29.6	11
47	13	30.3	12

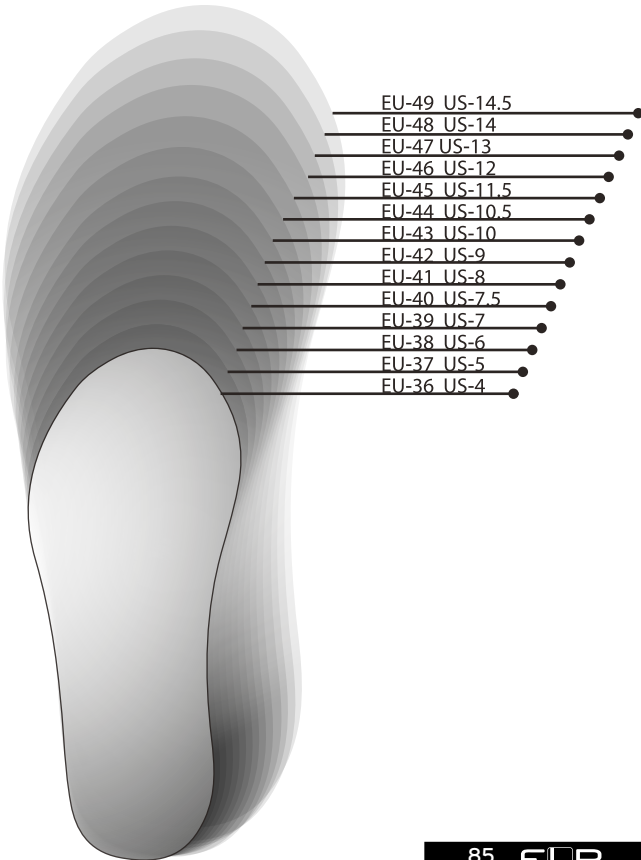
WOMEN'S-
F-65/F-15/F-55
F-35/Energy

EU	US	CM	UK
36	6	230	3
37	7	23.6	4
38	7.5	24.3	5
39	8.5	25	6
40	9	25.6	6.5
41	10	26.3	7
42	10.5	27	8

Bushmaster/PRO
Rexton/Energy/AFX/PRO

EU	US	CM	UK
38	6	24.3	5
39	7	25	6
40	7.5	25.6	6.5
41	8	26.3	7
42	9	27	8
43	10	27.6	9
44	10.5	28.3	9.5
45	11.5	29	10.5
46	12	29.6	11
47	13	30.3	12

CLEAT SETS





INFO@FLR-SHOES.COM